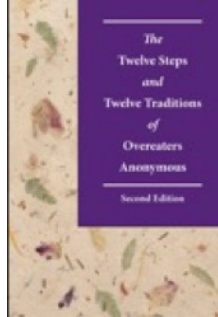


PROVINCETOWN SUNDAY MORNING OA MEETING

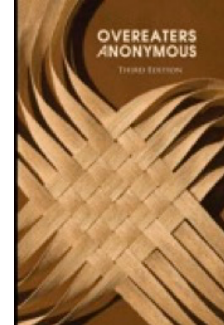
Weekly Schedule 2025-2026

We use these OA Books...

Steps and Traditions:
**The Twelve Steps
and Twelve
Traditions of
Overeater's
Anonymous, 2nd
Edition**



Stories:
**Overeater's
Anonymous,
Third Edition**



On speaker weeks, if no speaker available, choose a story between Story 14-18

7/6/25	Step 1	1/4/26	Speaker
7/13/25	Speaker	1/11/26	Tradition 7
7/20/25	Tradition 1	1/18/26	Story 5
7/27/25	Story 39	1/25/26	Step 8
8/3/25	Step 2	2/1/26	Speaker
8/10/25	Speaker	2/8/26	Tradition 8
8/17/25	Tradition 2	2/15/26	Story 6
8/24/25	Story 40	2/22/26	Step 9
8/31/25	Step 3	3/1/26	Speaker
9/7/25	Speaker	3/8/26	Tradition 9
9/14/25	Tradition 3	3/15/26	Story 7
9/21/25	Story 41	3/22/26	Step 10
9/28/25	Step 4 - Until Anger/Resentment	3/29/26	Speaker
10/5/25	Step 4 - Anger/Resentment to end	4/5/26	Tradition 10
10/12/25	Speaker	4/12/26	Story 8
10/19/25	Tradition 4	4/19/26	Step 11
10/26/25	Story 2	4/26/26	Speaker
11/2/25	Step 5	5/3/26	Tradition 11
11/9/25	Speaker	5/10/26	Story 9
11/16/25	Tradition 5	5/17/26	Step 12
11/23/25	Story 3	5/24/26	Speaker
11/30/25	Step 6	5/31/26	Tradition 12
12/7/25	Speaker	6/7/26	Story 10
12/14/25	Tradition 6	6/14/26	Speaker (or Story 11)
12/21/25	Story 4	6/21/26	Speaker (or Story 12)
12/28/25	Step 7	6/28/26	Speaker (or Story 13)