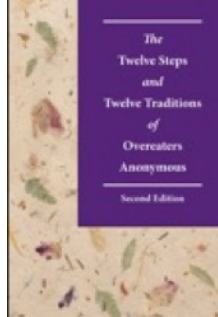


PROVINCETOWN SUNDAY MORNING OA MEETING

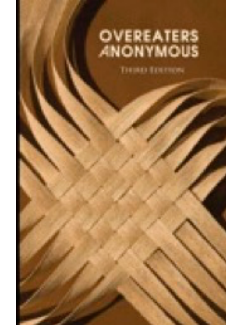
Weekly Schedule 2023-2024

We use these OA Books...

Steps and Traditions:
**The Twelve Steps
and Twelve
Traditions of
Overeater's
Anonymous, 2nd
Edition**



Stories:
**Overeater's
Anonymous,
Third Edition**



On speaker weeks, if no speaker available, choose a story between Story 20-34

7/2/23	Step 1	1/7/24	Speaker
7/9/23	Speaker	1/14/24	Tradition 7
7/16/23	Tradition 1	1/21/24	Story 14
7/23/23	Story 8	1/28/24	Step 8
7/30/23	Step 2	2/4/24	Speaker
8/6/23	Speaker	2/11/24	Tradition 8
8/13/23	Tradition 2	2/18/24	Story 15
8/20/23	Story 9	2/25/24	Step 9
8/27/23	Step 3	3/3/24	Speaker
9/3/23	Speaker	3/10/24	Tradition 9
9/10/23	Tradition 3	3/17/24	Story 16
9/17/23	Story 10	3/24/24	Step 10
9/24/23	Step 4 - Until Anger/Resentment	3/31/24	Speaker
10/1/23	Step 4 - Anger/Resentment to end	4/7/24	Tradition 10
10/8/23	Speaker	4/14/24	Story 17
10/15/23	Tradition 4	4/21/24	Step 11
10/22/23	Story 11	4/28/24	Speaker
10/29/23	Step 5	5/5/24	Tradition 11
11/5/23	Speaker	5/12/24	Story 18
11/12/23	Tradition 5	5/19/24	Step 12
11/19/23	Story 12	5/26/24	Speaker
11/26/23	Step 6	6/2/24	Tradition 12
12/3/23	Speaker	6/9/24	Story 19
12/10/23	Tradition 6	6/16/24	Speaker (or Story 20)
12/17/23	Story 13	6/23/24	Speaker (or Story 21)
12/24/23	Step 7	6/30/24	Speaker (or Story 22)